

# UK Kung-Fu Federation Guide To General Classes



英國



功夫



聯邦



Unarmed Combat Training  
The Federation Wing Tsun System



Armed Combat Training  
The Escrima Concepts System

General Classes are group training sessions held at each of our clubs during weekday evenings, usually after 7.30pm.

All UKKFF schools run at least one General Class each week, and we ensure that neighboring schools run their classes on different evenings. This means that classes are available to you on multiple evenings during term time.

Our members can train at ANY & ALL schools within their reach for no extra cost. More classes means more training, plus if you miss your regular session you can always catch up at another club.

Classes are split by experience level shown by your uniform colour. You train mainly with people of your own grade and progress up through our structured syllabus at your own rate, mastering the martial arts one lesson at a time.

Most of our members attend general classes for their regular training needs, supplementing them with private tuition and seminars whenever they desire that little bit extra.

Whenever you are prepared to start taking your martial arts training seriously we look forward to welcoming you along.

## FREE TRIAL - NO OBLIGATION

Get up to **FOUR WEEKS** free training at the start of any new term. We have four terms each year to match the seasons.

- ★ **Winter Term** / January - March
- ★ **Spring Term** / April - June
- ★ **Summer Term** / July - September
- ★ **Autumn Term** / October - December

New students can start at any school during the two-week enrolment period at the beginning of each new term.

[www.ukkff.org/join](http://www.ukkff.org/join)