

# UK Kung-Fu Federation Guide To Assessments



英國



功夫



聯邦



Completing a training programme makes all your hard work worthwhile. Well done!



Members attend from many local UKKFF clubs. It's a good chance to build wider friendships.

## WHERE & WHEN

Group assessments are held on weekends at one of our venues at the end of term. For the next one, see [ukkff.org/events](http://ukkff.org/events)

## ASSESSMENT FEES & BOOKING

You can view all current fees, plus book & pay for a forthcoming assessment online. To do all this, see [ukkff.org/shop/training](http://ukkff.org/shop/training)

## WHAT TO BRING ALONG

Valid membership book, the assessment fee and equipment as for normal classes.

Assessments are scheduled end-of-term seminars held at one of our larger venues. They offer regular opportunities for our members to put the skills & knowledge they have gained with us under the microscope, as we examine & test their martial arts abilities with a constructively critical eye.

Learn - Practice - Master - Test - Repeat. This is the simple, proven way to progress through our training syllabus.

You will be assessed on the contents of your current training programme in Kung-Fu or Escrima. Our instructor team will see how well you solve the problems set by your current grade, and check that you understand all the many elements & concepts that are involved.

Assessments are not really examinations which you can pass or fail. Your ability & knowledge will be assessed, and we'll show you the areas that could do with improvement. If you have obviously understood the training programme, and can move correctly according to your grade, we'll recommend you move up to the next programme. If you're not quite there yet, we'll ask you to continue training within your current stage a while longer. Sooner or later this happens to everybody - take your time & do it right.

When you complete a programme, we'll give you an official certificate and stamp your membership book. Good work!